

March 4, 2009

## Downtown E-News

E-News is a bi-weekly newsletter full of great events taking place in downtown Kitchener. E-news will keep you in the loop on where to go and what to do in downtown Kitchener. It comes right to your inbox every 2 weeks!

If you have an event you would like to submit, please go to our [event submission page](#) and fill out the form.

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## Live Entertainment

### Live Blues Jam

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Come on out to KW's legendary Blues Night, featuring Bobby O' Brien's house band 'Soul Mission'.

**Wednesday March 4 and 11, 2009.**

Bobby O' Brien's Irish Pub

Visit [www.bobbyobriens.com](http://www.bobbyobriens.com) for details and times.

### Tim Lewis

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Experience the intoxicating sounds of Tim Lewis, live at Boa Nova!

**Wednesday March 4 and 11, 2009.**

7pm-10pm

Boa Nova Rodizio Grill House

Visit [www.experience-boanova.com](http://www.experience-boanova.com) for details.

### Welly Wednesdays

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Every Wednesday, Wellington Brewery presents the 'Welly Wednesday' Indie band showcase, featuring: The Dirty Love Band, The Two Timers, The Disguises, and more!

**Wednesday March 4, 2009.**

9pm

Victoria Park Boathouse

Visit [www.boathousevictoriapark.com](http://www.boathousevictoriapark.com) for a complete listing of shows.

## **Live Music at Bobby O' Brien's**

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Every Thursday night join Adam and Ben for a live acoustic performance.

### **Thursday March 5 and 12, 2009.**

9pm

Bobby O' Brien's

Visit [www.bobbyobriens.com](http://www.bobbyobriens.com) for details.

## **Charlena Russell**

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Enjoy your lunch at Kava Bean Commons, and listen to the music of solo Violinist, Charlena Russell, every Friday.

### **Friday March 6 and 13, 2009.**

12:30pm-1:30pm

Kava Bean Commons

Call 519-745-52825 for details.

## **Kyle Radke Live at Yuk Yuk's**

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His infectious charm not only has him winning over audiences wherever he goes, but it turned him into one of the most successful commercial actors in the country. Kyle is a favourite at Yuk Yuk's clubs and universities all over Canada.

### **Friday March 6 and Saturday March 7, 2009.**

8pm and 10pm

Yuk Yuk's Kitchener in the Walper Terrace Hotel

Visit [www.yukyus.com](http://www.yukyus.com) for details.

## **Saturday Entertainment at Your Kitchener Market**

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Join us for performances by local musicians performing international tunes, jazz, country, oldies, or classic rock. Relax, grab a bite to eat and enjoy performances by:

### **Saturday March 7, 2009.**

Ty Schwende

### **Saturday March 14, 2009.**

Erick Traplin

11am-1pm

Your Kitchener Market

Visit [www.kitchenermarket.ca](http://www.kitchenermarket.ca) for details.

## **Em Dainjih**

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Em Dainjih LIVE at the Boathouse!

**Saturday March 7, 2009.**

3pm

Victoria Park Boathouse

Visit [www.boathousevictoriapark.com](http://www.boathousevictoriapark.com) for a complete listing of shows.

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**DaCapo Chamber Choir presents 'Water'**

Water: holding mystery, destruction and healing - music inspired by snow, flood and rain. Featuring 'Richot Mass' by Glenn Buhr, 'Snowforms' by Murray Schafer, and 'Cloudburst' by Eric Whitacre.

Special guest performers include: Henry Zielinski, Karen Zielinski, and Elspeth Thomson on violin, and Ben Bolt-Martin on cello.

**Saturday March 7, 2009.**

8pm

St. John the Evangelist Anglican Church

Visit [www.dacapochoir.ca](http://www.dacapochoir.ca) for details.

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**Handbell Choir Concert**

St. Matthews Lutheran Church presents a concert featuring 'The Bronze Foundation', a professional handbell choir conducted by J.C. Coolen.

Tickets: \$10 per person, \$25 per family.  
Reception to follow.

**Sunday March 8, 2009.**

4pm-5pm

St. Matthews Lutheran Church

Call 519-742-0462 for details.

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**The Schwebbs**

Live acoustic music every Sunday at Bobby O' Brien's featuring 'The Schwebbs'.

**Sunday March 8 and 15, 2009.**

8pm

Bobby O' Brien's

Visit [www.bobbyobriens.com](http://www.bobbyobriens.com) for details.

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**Silverstein**

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Betrayal. Arson. Infidelity. True Love.  
Silverstein presents their new album 'Shipwreck in the Sand', live at Elements Night Club.

**Thursday March 12, 2009.**

7pm

Elements Night Club

Visit [www.partytown.ca/elements](http://www.partytown.ca/elements) for a complete listing of shows.

**Shannon Lavery Live at Yuk Yuk's**

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She is a favourite with clubs, community fundraisers, and military posts. Lavery's on stage persona is proud to be provocative. Her Mae West come-hither attitude will draw you in. Her flirtatious delivery is sure to charm!

**Friday March 13 and Saturday March 14, 2009.**

8pm and 10pm

Kitchener Yuk Yuk's in the Walper Terrace Hotel

Visit [www.yukyus.com](http://www.yukyus.com) for details.

**Folk Night at the Registry**

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The Registry Theatre and the Old Chestnuts Song Circle present: Folk Night at the Registry with Ron Hynes.

Tickets: \$18 advance, \$20 at the door

**Saturday March 14, 2009.**

8pm

The Registry Theatre

Visit [www.registrytheatre.com](http://www.registrytheatre.com) or [www.folknight.ca](http://www.folknight.ca) for details.

**Underoath**

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One of the hottest Christian metal bands plays LIVE at Elements Night Club!

**Sunday March 15, 2009.**

7pm

Elements Night Club

Visit [www.partytown.ca/elements](http://www.partytown.ca/elements) for details.

**Johnny Reid**

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Experience Johnny Reid live on his 'Dance with Me' album release tour.

**Tuesday March 17, 2009.**

7:30pm  
Centre in the Square  
Visit [www.centre-square.com](http://www.centre-square.com) for details.

## Arts, Books & Film

### **Playful Folk Art by Jockie Loomer-Kruger**

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Jockie is a folk painter whose child friendly paintings are colourful, nostalgic and imaginative. She uses found objects and modeling compounds, as she tells stories in acrylic of her 1940s rural childhood.

Exhibit: **Ongoing throughout the month of March, 2009.**

Opening Reception:  
**Thursday March 5, 2009.**  
7pm

Demonstration:  
**Wednesday March 18, 2009.**  
1:30pm - 3:30pm

Kitchener Public Library, Main Branch  
Visit [www.kpl.org](http://www.kpl.org) for details.

### **An Evening with Nino Ricci**

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Join us as we welcome author Nino Ricci as the 2009 Edna Staebler Writer-in-Residence. In 2004, his first book *Lives of the Saints* was featured in Waterloo Region's One Book, One Community campaign. Since that time, Ricci has written four more books and won a host of awards, including two Governor General's Literary Awards for Fiction.

**Wednesday March 4, 2009.**  
5pm  
Kitchener Public Library, Main Branch  
Visit [www.kpl.org](http://www.kpl.org) for details.

### **Writer-in-Residence Manuscript Appraisals**

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Local writers are invited to submit a sample of their writing to Writer-in-Residence Nino Ricci. Prose only; maximum 15 pages. Deliver in person to the Marketing Department. Limited to first 40 participants.

**From March 18, 2009.**  
5:30pm  
Kitchener Public Library, Main Branch

Visit [www.kpl.org](http://www.kpl.org) for details.

## **Five Hole: Tales of Hockey Erotica**

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Five Hole tells the tales of the not-so-secret lives of (mostly fictional) hockey players after the puck has been put away for the night. Written by Dave Bidini of the Rheostatics, Five Hole represents his fascination with hockey and the stories collected from talking to players over the years.

\*Contains sexually explicit language and mature subject matter. Parental guidance is strongly advised.

**Wednesday March 4, 2009.**

7:30pm

Centre in the Square

Visit [www.centre-square.com](http://www.centre-square.com) for details.

## **The Tempest**

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Directed by Alan K. Sapp and presented by the KW Youth Theatre.

**Wednesday March 4 and Thursday March 5, 2009.**

8pm

The Registry Theatre

Visit [www.registrytheatre.com](http://www.registrytheatre.com) for details.

## **The Stage is Yours: Leadership in the Performing Arts for Women - Information Night**

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Aspiring Artist? Come Meet Your Mentor!

A FREE information night for women of all ages - Students and families welcome!

Women of all ages who are exploring a career in the performing arts are invited to participate in an engaging mentorship experience that caters to their artistic goals.

Mentorship is split into two streams: Youth and adult, with performances occurring in August 2009.

**Friday March 6, 2009.**

7pm

The Registry Theatre

For more information call 519-745-6565 Ext. 1 or email [stageisyours@gmail.com](mailto:stageisyours@gmail.com).

## **The Curse of the Ninth**

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Edwin Outwater, conductor, John Adams, Tromba Iontana, and Mahler, Symphony No. 9 in D Major. Part of the Kitchener-Waterloo Symphony "Signature" series.

**Friday March 6 and Saturday March 7, 2009.**

8pm

Centre in the Square

Visit [www.centre-square.com](http://www.centre-square.com) for details.

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**Books and Breakfast at the KPL**

Join us for a lively discussion of great Canadian novels, while enjoying a continental breakfast. This week features the book 'Moonlit Cage' by Linda Holeman.

**Saturday March 7, 2009.**

10am

Kitchener Public Library, Main Branch

Visit [www.kpl.org](http://www.kpl.org) for details.

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**Baskets, Braids and Bonnets**

Demonstrations of the amazingly diverse uses of straw in the 19th century are featured.

**Saturday March 7, 2009.**

10am-5pm

**Sunday March 8, 2009.**

1pm-5pm

Joseph Schneider Haus

Call 519-742-7752 for details.

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**Free Flicks at the KPL**

Big screen, comfy seats, unbeatable prices!

Whether you missed the movie in the theatre the first time, or it's worth seeing again, join us in our 200 seat Auditorium for a big screen experience. Movies are selected based on suggestions or various themes.

March Theme: Viewpoints from the Middle East

**Saturday March 7, 2009.**

Jellyfish (Rated PG) 78 Minutes

**Saturday March 14, 2009.**

Paradise Now (Rated PG) 90 Minutes

1:30pm  
Kitchener Public Library, Main Branch  
Visit [www.kpl.org](http://www.kpl.org) for details.

## **Consumerism and Fair Trade FilmFest**

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*Presented by Engineers without Borders*

Choices that seem simple in North America, like which morning coffee to drink for example, have a profound impact on livelihoods and environments around the world.

Join us for an afternoon of fun and provocative films as we investigate the impact of our consumer choices including issues such as fair trade, waste and globalization.

Tickets: \$10 in advance, \$12 at the door.

### **Sunday March 8, 2009.**

2pm  
Registry Theatre  
Visit [www.registrytheatre.com](http://www.registrytheatre.com) for details.

## **Artist Talk with FASTWÜRMS**

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Join KW AG for a free Artist Talk with the poly-disciplinary artist collective, FASTWÜRMS. FASTWÜRMS is comprised of husband and wife team Kim Kozzi and Dai Skuse, who teach at the University of Guelph's School of Fine Art and Music.

These two artists will discuss their artistic practice, and their work entitled 'FLAG', which is currently on view at the gallery as part of the ANTHEM: Perspectives on Home and Native Land exhibition.

### **Tuesday March 10, 2009.**

7pm  
Kitchener-Waterloo Art Gallery  
Visit [www.kwag.on.ca](http://www.kwag.on.ca) for details.

## **A Midsummer Night's Dream**

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An original 'Give It Up Productions' performance, of Shakespeare's 'A Midsummer Night's Dream'.

Advance Tickets: \$5 per person, \$18 per family

### **Tuesday March 10, 2009.**

7pm

### **Wednesday March 11, 2009.**

7pm

**Thursday March 12, 2009.**

2pm

Registry Theatre

Visit [www.registrytheatre.com](http://www.registrytheatre.com) for details, or call 519-571-1799.

## **The Drowsy Chaperone**

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This hilarious tale of a celebrity bride and her uproarious wedding day, is complete with thrills and surprises that take both the cast (literally) and the audience (metaphorically) soaring into the rafters.

**Tuesday March 10 and Wednesday March 11, 2009.**

7:30pm

Centre in the Square

Visit [www.centre-square.com](http://www.centre-square.com) for details.

## **Video Games Live**

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The music of video games will be performed by the world-class Kitchener-Waterloo Symphony, led by industry veterans and world famous video game composers Tommy Tallarico and Jack Wall.

Don't miss this interactive concert experience taking the world by storm!

**Friday March 13 and Saturday March 14, 2009.**

8pm

Centre in the Square

Visit [www.centre-square.com](http://www.centre-square.com) for details.

## **Glass Fusing at the KW Art Gallery**

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This workshop on glass fusing is ideal for beginners, as well as those interested in trying out new techniques and media.

**Saturday March 14, 2009.**

10am-12pm

Kitchener-Waterloo Art Gallery

Visit [www.kwag.on.ca](http://www.kwag.on.ca) for details.

## **The Art of Recycling Paper**

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Paper is truly amazing material that can be recycled into many uses. Try your hand at paper making, marbling, decorative paper cutting, and weaving. Weave your own 'heart and hand' for a friend.

**Saturday March 14, 2009.**

10am-5pm

**Sunday March 15, 2009.**

1pm -5pm

Joseph Schneider Haus  
Call 519-742-7752 for details.

**Andy Warhol Sunday Speaker Series**

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Aaron Milrad speaks on fakes, frauds, forgeries, and funny stories.

Cost: \$10

**Sunday March 15, 2009.**

1:30pm-2:30pm

Wax Nightclub

Call 519-743-5667 for details.

**KW Art Gallery Public Tour**

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A trained Gallery docent/guide will lead you on a FREE in-depth tour of current exhibitions through thoughtful discussion.

**Sunday March 15, 2009.**

2pm

Kitchener-Waterloo Art Gallery

Visit [www.kwag.on.ca](http://www.kwag.on.ca) for details.

**The Sun Has Turned to Glass**

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Works of art by Jenal Dolson and Lauren Hall.

**Ongoing until March 21, 2009.**

Artery Gallery

Visit [www.artery.uwaterloo.ca](http://www.artery.uwaterloo.ca) for details.

**Works on Paper: Pickering Nuclear  
Generating Station**

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This exhibit is a series of drawings brought to you by Guelph artist, Martin Pearce. The six works on paper attempt to explore the physical structure of the power station.

Artist's Reception: **Friday March 6, 2009.**

5pm-7pm

Exhibition: **Ongoing throughout the month of March 2009.**

Rotunda Gallery, Kitchener City Hall  
For more information call 519-741-3400 Ext. 3381.

## Family & Kids

### **Free Flicks for Teens with the Gay Straight Alliance, WRDSB**

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The Gay Straight Alliance is brought to you by students and volunteer teachers from the Waterloo Region District School Board, whose purpose is to encourage acceptance and undo prejudice.

#### **Thursday March 5, 2009.**

The Adventures of Priscilla, Queen of the Desert  
(Rated 14A) 104 Minutes

4:30pm  
Kitchener Public Library, Main Branch  
Visit [www.kpl.org](http://www.kpl.org) for details.

### **Multicultural Cinema Club: Animation Classes for Youth**

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Classes are led by artist Graden Laing, and include the art of filming and editing.

Cost: \$150 per child, with subsidies available for low income families.

#### **Classes run for 5 Saturdays, from March 7-April 4, 2009.**

9:30am-1pm  
The Working Centre  
Call 519-743-1151 Ext. 146 for details.

### **Kid's Club**

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Kid's Club offers FREE crafts, interactive activities and demonstrations the first Saturday of each month.

#### **Saturday March 7, 2009.**

10am-12Noon  
Your Kitchener Market  
Visit [www.kitchenermarket.ca](http://www.kitchenermarket.ca) for details.

## **Making Art Together**

---

Inspire your child's curiosity and creativity while rediscovering your own, by making art together. This workshop supports the artistic development of young learners.

For children ages 3-5, plus adult.

Cost: Adult and Child - \$10, each additional child: \$5

### **Saturday March 7, 2009.**

10:30am-11:30am

Kitchener-Waterloo Art Gallery

Visit [www.kwag.on.ca](http://www.kwag.on.ca)

for details.

## **Free Flicks for Kids and Families**

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Whether you missed the movie in the theatre, or it's worth seeing again, join us in our 200 seat auditorium for a big screen experience.

D' Lish café is now open! Enjoy a treat while enjoying the movie!

### **Sunday March 8, 2009.**

Kung Fu Panda (Rated G) 85 Minutes

### **Sunday March 15, 2009.**

Wall-E (Rated G) 103 Minutes

1:30pm

Kitchener Public Library, Main Branch

Visit [www.kpl.org](http://www.kpl.org) for details.

## **Family Sundays**

---

Features new and inspiring activities for the whole family. Discover exhibitions through interactive activities, create imaginative artwork, listen to a story, and participate in drama games.

Suitable for children ages 4-12 when accompanied by an adult.

### **Sunday March 8, 2009.**

Drop in anytime between 2pm and 5pm

Kitchener-Waterloo Art Gallery

Visit [www.kwag.on.ca](http://www.kwag.on.ca) for details.

## **The Curse of the Ninth - Generations Series**

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The Generations series is the perfect series for anyone who wants to learn how music works, and for families who want to introduce their kids (ages 10 and up) to the wonder of a symphony.

The "Curse of the Ninth Symphony" is a superstition among composers implying that after their ninth symphony is written, they will die. Mahler was obsessed with the curse, and even tried cheating it by labeling his symphonies with names instead of numbers. However, his efforts were in vain and he died after finishing his ninth symphony. Feel the power and emotion of this great composer's final work.

**Sunday March 8, 2009.**

2:30pm

Centre in the Square

Visit [www.centre-square.com](http://www.centre-square.com) for details.

## **Creative Writing Club**

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Do you love writing stories, poems or plays? Are you in Grade 3 to Grade 6? Come join our new and exciting club. We will talk about writing, do some writing (if you feel like it), and share some of your writing. Bring a pencil, a notebook and your imagination! Treats will be provided!

**Monday March 9, 2009.**

7pm

Kitchener Public Library, Main Branch

Visit [www.kpl.org](http://www.kpl.org) for details.

## **Art for Mommies (and Daddies Too!)**

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Discover the exhibitions with your infant or toddler, meet other parents and caregivers.

FREE admission

**Tuesday March 10, 2009.**

Drop in anytime between 10am - 12pm

Kitchener-Waterloo Art Gallery

Visit [www.kwag.on.ca](http://www.kwag.on.ca) for details.

## **Kids Hop**

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Bring your toddler out to this one-of-a-kind children's concert that will have them dancing and rolling with laughter!

**Tuesday March 10, 2009.**

Erick Traplin

**Tuesday March 17, 2009.**

Ronno

11am-12Noon

Your Kitchener Market

Visit [www.kitchenermarket.ca](http://www.kitchenermarket.ca) for details.

**Librarians on the Loose at the Children's Museum**

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Join the KPL for family literacy fun at the Children's Museum. Share stories and hands-on literacy activities to celebrate the Andy Warhol exhibit. Bring the whole family!

**Saturday March 14, 2009.**

3pm

Waterloo Regional Children's Museum

Visit [www.kpl.org](http://www.kpl.org) for details.

**Angelika Werner Productions Musical**

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Kids, looking for something to do this March Break? How about staging a musical?!

Angelika Werner Productions offers children (from JK-Grade 8) the opportunity to participate in a musical, during March Break. Other activities include crafts, baking, games, skating, and tobogganing (weather permitting).

No previous musical experience is required, deadline for registration is Friday March 6, 2009.

**Monday March 16-Friday March 20, 2009.**

9am-4pm daily.

Martin Luther Church, Downtown Kitchener

Email Angelika at [awerner@sentex.net](mailto:awerner@sentex.net) for details and cost.

**Art Escape**

---

Painting, drawing and mixing materials for ages 7-9, with new and unusual materials for ages 10-13. Children of all ages can participate in in-gallery activities and outdoor team-building games as well.

Cost: \$32 per day, or \$150 for the week.

**Monday March 16-Friday March 20, 2009.**

9am-4pm daily

Kitchener-Waterloo Art Gallery

Call 519-579-5860 for details.

## **Delightfully Disgusting**

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Today's recipe for fun is simple. Take some disgustingly fun food stories, a silly craft, and voila! Fun!!!

No registration required.

### **Monday March 16, 2009.**

2:30pm

Kitchener Public Library, Main Branch

Visit [www.kpl.org](http://www.kpl.org) for details, and a complete listing of programs.

## **Doodlebops Live!**

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Doodlebops LIVE at Centre in the Square!

Kids bring your parents out to the 'Doodlebops: Together Forever' Tour! With an all new cast, this show is sure to get you out of your seat dancing and singing!

### **Monday March 16, 2009.**

7pm

Centre in the Square

Visit [www.centre-square.com](http://www.centre-square.com) for details.

## **March Break Movies**

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A great way to relax during a busy week! Sit back and enjoy a movie with family and friends.

### **Tuesday March 17, 2009.**

Winnie the Pooh. Springtime with Roo  
(Rated G) 65 Minutes

10:30am

Kitchener Public Library, Main Branch

Visit [www.kpl.org](http://www.kpl.org) for details.

## **Wacky Windsock**

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Hold on to your hats! Make the most of those March winds with your very own windsock.

No registration required.

### **Tuesday March 17, 2009.**

2:30pm

Kitchener Public Library, Main Branch

Visit [www.kpl.org](http://www.kpl.org) for details and a complete listing of programs.

## Seals of the Magdalen Islands

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The 'Seals of the Magdalen Islands' is a 150 square metre traveling exhibit in conjunction with Canadian Heritage and the Government of Quebec.

Learn about the four species of seals that inhabit the Magdalen Islands, and enjoy this interactive exhibit!

### **Ongoing until March 29, 2009.**

Waterloo Regional Children's Museum

Visit [www.thechildrensmuseum.ca](http://www.thechildrensmuseum.ca) for details.

## Nightlife

### **March Break All Ages at Elements Night Club!**

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March Break is here and we're gonna celebrate!

Come on out to the first of two big March Break parties!

Cover: \$10

Spinning nothing but the best in Top40, R&B, Reggae, Euro, Rap, Hip Hop and everything else you want to hear!

### **Friday March 13, 2009.**

Doors Open at 9:30pm

Elements Night Club

Visit [www.partytown.ca/elements](http://www.partytown.ca/elements) for details.

## Health

### **Community Health Fair and Pharmacy Awareness Week**

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Students from the University Of Waterloo School Of Pharmacy invite you to the CAPSI (Canadian Association of Pharmacy Students and Interns) Community Health Fair!

This FREE health fair is open to everyone, and health topics include: Safe medication use, hypertension 101, Gardasil - Everything you need to know about the HPV vaccine, Operation wash up - Proper hand washing, and much more!

### **Wednesday March 4, 2009.**

6pm-9pm

Kitchener City Hall

Visit [www.pharmacy.uwaterloo.ca](http://www.pharmacy.uwaterloo.ca) for more information.

## Colorectal Cancer

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*With Dr. Greg Knight, Oncologist, Grand River Regional Cancer Centre*

March is National Colorectal Cancer Awareness Month. In 2005, approximately 20,000 people in Canada were diagnosed with colorectal cancer. However, screening and early detection can greatly improve your chances of survival. Find out what you need to know from Dr. Greg Knight.

No registration required.

**Thursday, March 5 at 7:00 pm**

Kitchener Public Library, Main Branch

Visit [www.kpl.org](http://www.kpl.org) for details.

## Guarding Your Health: Foodborne Illness and Other Infections

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*With Ken Diplock, M.H.S., B.A.Sc, CPHI(C), Public Health Inspector, Region of Waterloo*

Reports of food contamination and sickness caused by E. coli and listeriosis have appeared repeatedly in the news this past year. This serious problem concerns all of us. Join Ken to learn about the recent outbreaks and find out what steps you can take to avoid getting sick.

No registration required.

**Monday March 9, 2009.**

7 pm

Kitchener Public Library, Main Branch

Visit [www.kpl.org](http://www.kpl.org) for details.

## Global

### Ideas and Issues

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Join us every Monday for a 50-minute lecture on current events and topics from the fields of political and social sciences, history and the arts. Faculty from both the University of Waterloo and Wilfrid Laurier participate in this long running series. Spend your lunch hour being introduced to a new topic or expand your understanding on something familiar.

**Monday March 9, 2009.**

Restorative Justice and Peacemaking in a Global Context

*With Dr. Nathan Funk, Peace and Conflict Studies, Conrad Grebel University College (UW)*

**Monday March 16, 2009.**

Police Decision Making in Critical Incidents

*With Prof. Camie Condon, Department of Psychology, WLU*

12Noon

Kitchener Public Library, Main Branch

Visit [www.kpl.org](http://www.kpl.org) for details.

## Sports

### **UFC '96 Live at Bobby O' Brien's**

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Former UFC Light Heavyweight Champion Quinton "Rampage" Jackson was at his devastating best last December as he settled his score with Wanderlei Silva via a chilling first round knockout.

On Saturday March 7, Jackson will look to move one step closer to regaining his title, when he takes on Keith 'The Dean of Mean' Jardine.

Watch the JACKSON vs. JARDINE match live at Bobby O' Brien's, broadcasted from the Nationwide Arena in Columbus Ohio, USA.

**Saturday March 7, 2009.**

10pm

Bobby O' Brien's

Visit [www.bobbyobriens.com](http://www.bobbyobriens.com) for details.

## Business

### **E-Biz Bootcamp**

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If you want to start an online business or improve an existing website, this new four part workshop is just for you. Topics include web essentials, web marketing, and establishing an effective web presence.

Course dates: **Thursday March 5, 12, 26 and April 2, 2009.**

Waterloo Region Small Business Centre, Kitchener City Hall

For more information call 519-741-2986 or visit

[www.waterlooregionsmallbusiness.com](http://www.waterlooregionsmallbusiness.com).

### **Finding Essential Business Information**

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Learn where to find the important information you will need, to successfully plan and run your business.

Cost: \$25  
Call 519-741-2986 to register.

**Thursday March 5, 2009.**

1pm  
Waterloo Region Small Business Centre, Kitchener City Hall  
Visit [www.waterlooregionsmallbusiness.com](http://www.waterlooregionsmallbusiness.com) for details.

## **Developing Your Marketing Plan**

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Learn how to use your market research in promoting your business and setting a marketing budget.

Cost: \$25  
Call 519-741-2986 to register.

**Tuesday March 10, 2009.**

1pm-3pm  
Waterloo Region Small Business Centre, Kitchener City Hall  
Visit [www.waterlooregionsmallbusiness.com](http://www.waterlooregionsmallbusiness.com) for details.

## **Taxation and Your Business**

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*With Terry Delion, Canada Revenue Agency*

This is the time of year that taxes are top of mind. Within the context of Canada Revenue Agency expectations, Terry will talk about the importance of keeping complete records so that small business owners can claim all of their entitled deductions.

**Tuesday March 10, 2009.**

6:30 pm  
Kitchener Public Library, Main Branch  
Call 519-743-0271 ext. 255 to register.

## **Sales Forecasting**

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Discover a variety of strategies from capacity assessment to how to use your market research figures for your sales forecasting.

Cost: \$25  
Call 519-741-2986 to register.

**Thursday March 12, 2009.**

1pm-3pm  
Waterloo Region Small Business Centre, Kitchener City Hall  
Visit [www.waterlooregionsmallbusiness.com](http://www.waterlooregionsmallbusiness.com) for details.

## Environment

### **Illustrated Talk on Gardens of Inspiration**

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*With Theresa Forte*

A visual tour of the modern garden, this presentation encourages gardeners to look at the structure, form, texture, movement and colour palettes used in modern gardens. Theresa M. Forte is a garden design consultant and member of the Garden Writers' Association and Landscape Ontario.

No registration required.

**Tuesday March 10, 2009.**

7 pm

Kitchener Public Library, Main Branch

Visit [www.kpl.org](http://www.kpl.org) for details.

## Finance

### **The Power of Tax Free Savings**

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*With Paul Chatham, TD Waterhouse*

See how the new TFSA compares to the RRSP.

**Tuesday March 17, 2009.**

6:30pm

Kitchener Public Library, Main Branch

Visit [www.kpl.org](http://www.kpl.org) for details.

## Special Events

### **Zonta Club of KW's International Women's Day Event**

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Guest speaker: Victor Malarek - 1997 Gemini award winner as Canada's top broadcasting journalist, known for current investigative journalism for W-FIVE.

Cost: \$35 per person

**Wednesday March 4, 2009.**

5:30pm

Walper Terrace Hotel, Crystal Ballroom

Call 519-880-0055 for details.

## **Artifact Identification Day**

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Curatorial staff are present to answer questions about your family heirlooms.

Please call ahead to reserve a time.

### **Friday March 6, 2009.**

10am-4pm

Joseph Schneider Haus

Call 519-742-7752.

## **Welcome Wagon Bridal Showcase**

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Displays, fashion show, complimentary wedding planning guides, and FREE gift bags for the bride to be!

### **Sunday March 8, 2009.**

Doors open at 1pm

Kitchener City Hall

Call 1-877-675-8463 for details, or to reserve your FREE ticket.

## **LINK Dances**

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*In partnership with the Waterloo Dance Project*

Join us for dessert and dance, a delightful combination that engages the audience in a variety of ways.

### **Friday March 13, 2009.**

8pm

The Registry Theatre

Visit [www.registrytheatre.com](http://www.registrytheatre.com) for details.

Thank you for reading Downtown E-news. If you have an event you would like to submit to our newsletter please go to our event submission page and fill out the form.

Don't forget to check [www.downtownkitchener.ca](http://www.downtownkitchener.ca) for more information about downtown. If you have any questions, please contact us at [downtownevents@kitchener.ca](mailto:downtownevents@kitchener.ca).

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