

August 18, 2010

## Downtown E-News

E-News is a bi-weekly newsletter full of great events taking place in downtown Kitchener. E-news will keep you in the loop on where to go and what to do in downtown Kitchener. It comes right to your inbox every 2 weeks!

If you have an event you would like to submit, please go to our [event submission page](#) and fill out the form.

### In this issue

Live Entertainment

Special Events

Arts, Books & Film

Family & Kids

Community

## Live Entertainment

### Downtown Live



Find us, and yourself, downtown Kitchener this summer as the City and its partners present Downtown Live! Downtown Live is an assortment of musical and cultural street-level performances and activities, which will be happening on Kitchener's new King Street throughout the summer. Crowds will gather, music will play and the new King Street

streetscape will come alive every Wednesday, Thursday and Friday, over lunch and after 5 p.m., with free street-level entertainment and activities, offering fun for all ages!

**Wed Aug 18/10**

10:30am, Civic Square, Kitchener City Hall  
Civic Square Chess Program

12:00pm, Civic Square, Kitchener City Hall  
Free Zumba Lessons

**Thurs Aug 19/10**

10:30am, Civic Square, Kitchener City Hall  
Civic Square Chess Program

11:30am-1:30pm, The Museum  
Norman Liota - Singer-songwriter plays original songs & instrumentals

11:30am, Bobby O' Brien's  
Musical performers - "The Talented"

12:00pm, Civic Square, Kitchener City Hall  
Free Guitar Lesson

4:30pm-6:30pm, The Museum  
Peter Lippert - Originals & Folk cover tunes

4:30pm, Bobby O' Brien's  
Musical performers - "The Talented"

**Fri Aug 20/10**

11:30am-1:30pm, Civic Square, Kitchener City Hall  
Phoenix Quartet - Classic Jazz with keyboards, bass, drums & sax

11:30am, Bobby O' Brien's  
Musical performers - "The Talented"

12:30pm, Speakers Corner  
Neruda presents music of the world: Jenna & Shaan

4:30pm-6:30pm, The Museum  
Sandy McDonald & Friends - Classic Trad Jazz, Folk & Roots

4:30pm, Speakers Corner  
Neruda presents music of the world: Lucas Wen, Tinda Wand, and Tina Li

4:30pm, Bobby O' Brien's  
Musical performers - "The Talented"

5:30pm, Speakers Corner  
Neruda presents music of the world: Brian & Niko

**Thurs Aug 26/10**

11:30am-1:30pm, The Museum  
Chris Patton Trio - Classic Jazz Songs

11:30am, Bobby O' Brien's  
Musical performers - "The Talented"

4:30pm-6:30pm, The Museum  
Andriy Tykhonov Duo - The Great American Songbook piano  
jazz

4:30pm, Bobby O' Brien's  
Musical performers - "The Talented"

5:30pm, Speakers Corner  
Neruda presents music of the world - Nafoyo performs

**Fri Aug 27/10**

11:30pm-1:30pm, Civic Square, Kitchener City Hall  
Glen Soulis - Traditional Folk Music on violin and recorded  
tracks

11:30am, Bobby O' Brien's  
Musical performers - "The Talented"

12:30pm, Speakers Corner  
Neruda presents music of the world - Nafoyo performs

4:30pm-6:30pm, The Museum  
Nonie Crete & Eugene Rea - Original tunes, great guitar  
picking

4:30pm, Speakers Corner  
Neruda presents music of the world - Maconda performs

4:30pm, Bobby O' Brien's  
Musical performers - "The Talented"

Visit [www.downtownlive.ca](http://www.downtownlive.ca) for complete details.

**Kitchener Market**

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**Wed Aug 18/10**, 11:30am - Schwebbs

**Fri Aug 20/10**, 11:30am - Tone Rangers

**Sat Aug 21/10**, 11am - Ken Lewis

**Wed Aug 25/10**, 11:30am - Schwebbs

**Fri Aug 27/10**, 11:30am - Jesse Webber

**Sat Aug 28/10**, 11am - Joe Lovell

Visit [www.kitchenermarket.ca](http://www.kitchenermarket.ca) for details.

**Boa Nova Rodizio Grill House**

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**Wed Aug 18 & Sun Aug 22/10**, 7pm - Tim Louis  
**Wed Aug 25 & Sun Aug 29/10**, 7pm - Tim Louis

Visit [www.experience-boanova.com](http://www.experience-boanova.com) for details.

## **Bobby O' Brien's**

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**Wed Aug 18 & Wed Aug 25/10**, 8:30pm - LIVE BLUES JAM

Visit [www.bobbyobriens.com](http://www.bobbyobriens.com) for details.

## **Victoria Park Boathouse**

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**Wed Aug 18/10**, 9pm - Welly Wednesdays: The Nights  
Below

**Thurs Aug 19/10**, 9pm - Jimi Maze

**Fri Aug 20/10**, 9pm - Fat Cats

**Sat Aug 21/10**, 3pm - Hot Kitty & the Hell Strings

**Sat Aug 21/10**, 9pm - Second Wind

**Sun Aug 22/10**, 3pm - Miss Angel & the Home Wreckers

**Sun Aug 22/10**, 9pm - Paul MacLeod, Mary 5e

**Tues Aug 24/10**, 8pm - Open Stage w/ Paddy Townsend

**Wed Aug 25/10**, 9pm - Welly Wednesdays: Von Crippon

**Thurs Aug 26/10**, 9pm - Jimi Maze

**Fri Aug 27/10**, 9pm - Lucas Stagg Band

**Sat Aug 28/10**, 3pm - Busted Flatt presents:

**Sun Aug 29/10**, 3pm - Miss Angel & the Homewreckers

**Sun Aug 29/10**, 9pm - Paul MacLeod & Adrian

**Tues Aug 31/10**, 8pm - Open Stage w/ Paddy Townsend

Visit [www.boathousevictoriapark.com](http://www.boathousevictoriapark.com) for details.

## **The Registry Theatre**

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**Thurs Aug 19 - Sun Aug 21/10**, 8pm - Cabaret

Visit [www.registrytheatre.com](http://www.registrytheatre.com) for details.

## **Yuk Yuk's Kitchener**

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**Fri Aug 20 & Sat Aug 21/10**, 8pm - Dana Alexander

**Fri Aug 27 & Sat Aug 28/10**, 8pm - Jeff McEnery & Tony  
Venditti

Visit [www.yukyuks.com](http://www.yukyuks.com) for details.

## **The Hive/The Joint**

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**Mon Aug 23 & Mon Aug 30/10**, 9pm - Open Jam

Visit [www.liveatthehive.ca](http://www.liveatthehive.ca) for details.

## Queen Street Commons Café

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**Wed Aug 25/10**, 7pm - James Judd

Visit [www.theworkingcentre.org](http://www.theworkingcentre.org) for details.

## Special Events

### Livable Waterloo Region

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Join us for this urban-focused conference where the topic of discussion will be 'creating a more livable city'. Check out the website for a list of the guest speakers, and additional conference details.

**Sat Aug 21/10**, 10am-3pm

Kitchener City Hall, Rotunda

Visit [www.wonderfulwaterloo.com/livable](http://www.wonderfulwaterloo.com/livable) for details.

### LINK Picnic Festival

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Joy and magic for the whole family! Join us for a day of musical entertainment, drumming and dancing, a children's carnival costume parade, facepainting, games, races, steelpan lessons, storytelling, a limbo contest, fantastic food, and much more! Admission is **FREE!**

**Sat Aug 21/10**, 5pm-8pm

**Sun Aug 22/10**, 12noon-9pm

Victoria Park, Downtown Kitchener

Visit [www.linknewsmagazine.ca](http://www.linknewsmagazine.ca) for details.

### Unity Jam

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The Kitchener Youth Action Council presents the 7th Annual Unity Jam concert featuring young, local artists of many different genres, such as hip hop, rap, rock, metal, and punk. Urban artists and the Doon Skatium Mobile Park will also be onsite! Best of all, this event is **FREE!** Come join your friends for a live concert that reaches out to everyone's music style.

**Sat Aug 21/10**, 5:30pm-11pm

Civic Square, Kitchener City Hall

For more information call 519-741-3400 x 3588, or visit

[www.kitchener.ca](http://www.kitchener.ca)

### Discount Days for Seniors

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Every last Thursday of each month, selected stores will offer specials and discounts to say 'Thank You' to Seniors for choosing Downtown Kitchener as their shopping destination.

**Thurs Aug 26/10**

Downtown Kitchener  
Call 519-744-4921 for details.

## **KOI Music Festival**

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KOI (Kitchener Ontario Independent) Music Festival is a massive music festival that focuses on our community. Roughly 140 bands will be performing throughout Downtown Kitchener, in 10 different indoor venues and one outdoor stage. A variety of musical styles will be heard including rock, punk, indie, metal, ska, reggae, pop, acoustic and blues, and since KOI is a community oriented festival, nearly half of the performers will be local artists!

Check out the website for updates, and find out how to get your tickets!

**Sat Sept 18/10**

Downtown Kitchener  
Visit [www.koimusicfestival.com](http://www.koimusicfestival.com) for complete details.

## **Arts, Books & Film**

### **Artist Talk with John Kissick**

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Meet Artist John Kissick as he shares ideas and insights behind his art work and practice. **FREE** admission!

**Thurs Aug 19/10**, 7pm-9pm

KW Art Gallery  
Visit [www.kwag.ca](http://www.kwag.ca) for details.

### **Free Flicks at the KPL**

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Whether you missed the movie in the theatre the first time, or it's worth seeing again, join us in our 200 seat Auditorium for a big screen experience!

D' Lish Café is now open! Enjoy a treat while watching the movie.

August Theme: Political Pics

**Sat Aug 21/10**, 1:30pm  
FROST/NIXON (Rated PG) 123 min.

**Sat Aug 28/10**, 1:30pm  
DR. STRANGELOVE (Rated PG) 93 min.

Kitchener Public Library, Main Branch  
Visit [www.kpl.org](http://www.kpl.org) for details.

## **The Art of Being**

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Queen Street Yoga and the KW Art Gallery have partnered to bring you yoga and art together! Join Meagan Johnson, Director of Queen Street Yoga for an evening of yoga, meditation and discovery of the KW Art Gallery's exhibitions, through embodied awareness.

\*Cost per person: \$25 (+ HST)

**Thurs Aug 26/10**, 6:30pm-8:30pm  
KW Art Gallery  
Visit [www.kwag.ca](http://www.kwag.ca) for details.

## **Lost&Found Theatre: A History in Posters**

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*Lost&Found Theatre* is a local collective of professional repertory theatre artists. For more than 20 years, members have been staging productions and original works in Waterloo Region, engaging and empowering audiences, students and artists. This show presents a selection of posters spanning their years with *Theatre & Comapny* and their more recent incarnation of *Lost&Found Theatre*.

**Ongoing until Thurs Aug 26/10**  
Kitchener Public Library, Main Branch  
Visit [www.kpl.org](http://www.kpl.org) for details.

## **'Marking Time and Place' by: Felicity Somerset**

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This exhibition is a portfolio of photographic images that arise from the artist's fascination with the concept of time, its impact on materials and how and where we mark its passage.

**Ongoing for the month of August**  
Rotunda Gallery, Kitchener City Hall  
For more information call 519-741-3400 ext. 3381

## **Family & Kids**

### **Kids' Hop**

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Bring your toddler or preschooler out to these children's concerts that will have them dancing up a storm and rolling with laughter!

**Thurs Aug 19/10**, 11am  
Erick Traplin

**Tues Aug 24/10**, 11am

Erick Traplin

**Thurs Aug 26/10**, 11am

Robert Davis

**Tues Aug 31/10**, 11am

Erick Traplin

The Kitchener Market

Visit [www.kitchenermarket.ca](http://www.kitchenermarket.ca) for details.

## Family Flicks at the KPL

---

Whether you missed the movie in the theatre the first time, or it's worth seeing again, join us in our 200 seat Auditorium for a big screen experience!

**Fri Aug 20/10**, 1:30pm

ALICE IN WONDERLAND (Rated PG) 108 min.

**Fri Aug 27/10**, 1:30pm

FINDING NEMO (Rated G) 100 min.

Kitchener Public Library, Main Branch

Visit [www.kpl.org](http://www.kpl.org) for details.

## Kids in the Kitchen

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Children ages 5-10 years, will be introduced to the wonders of learning how to cook, while having fun and meeting new friends. Every participant gets to make and eat their own meal!

*\*Cost per child: \$10 (incl. tax), Drop-ins Welcome!*

**Sat Aug 21/10**, 9am

With Chef Ryan Murphy

**Sat Aug 28/10**, 9am

With Chef Kirstie Herbstreit

Kitchener Market Place

Visit [www.kitchenermarket.ca](http://www.kitchenermarket.ca) for details.

## Kids' Club

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Kids, come on out for **FREE** crafts, interactive activities and demonstrations! All ages welcome, no registration required.

**Sat Aug 21 and 28/10**, 9am-11am

Kitchener Market

Visit [www.kitchenermarket.ca](http://www.kitchenermarket.ca) for details.

## Latin Fest!

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Bring the whole family to celebrate and learn about the cultures of South and Central America! Join us all day for crafts, performances, treats and more!

**Sun Aug 22/10**, 10am-5pm  
Waterloo Regional Children's Museum  
Visit [www.thechildrensmuseum.ca](http://www.thechildrensmuseum.ca) for details.

## Community

### Food Allergies for Infants, Children and the Whole Family

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Join Tania Heinemann, RHN, RNCP and Chef Paul Cummings as they demonstrate how to prepare healthy meals, specific to food allergies.

*\*Cost: \$40 per person/per class (incl. tax)*  
Visit <http://eclass.kitchener.ca> or call 519-741-2297 to register

**Wed Aug 18/10**, 7pm-9pm  
Kitchener Market Place  
Visit [www.kitchenermarket.ca](http://www.kitchenermarket.ca) for details.

### University Cooking Prep

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Learn how to make healthy, home-styled meals in your dorm room, that are cheap, quick and easy. Chef Paul from Indulge Natural and Organic Kitchen will take you through the steps to preparing meals using a hot plate, microwave, and any other equipment that can be found in your dorm room.

*\*Cost: \$25 per person (incl. tax)*  
Visit <http://eclass.kitchener.ca> or call 519-741-2297 to register.

**Thurs Aug 19/10**, 6:30pm-8:30pm  
Kitchener Market Place  
Visit [www.kitchenermarket.ca](http://www.kitchenermarket.ca) for details.

### Summer at the Joseph Schneider Haus

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**Sat Aug 21/10**, 10am-5pm & **Sun Aug 22/10**, 1pm-5pm  
Oral Traditions Week: Spoken-word and music

**Sat Aug 28/10**, 10am-5pm & **Sun Aug 29/10**, 1pm-5pm  
Gesundheit! Folk Medicine Week

Joseph Schneider Haus  
Call 519-742-7752 for details and admission prices.

### Downtown Kitchener Walking Tour

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This two-hour urban walking tour introduces you to downtown Kitchener's modern culture and controversial history. Stroll along historic Queen Street, visit serene Victoria Park, and see the sights on King Street. Find out about the best places to grab a bite, where to spend a lively Saturday night, or where to lounge on a lazy Sunday afternoon.

*\*Tours run on Saturdays and Sundays from May to the end of October.*

**Sat Aug 21 & Sun Aug 22/10**, 10am and 2pm

**Sat Aug 28 & Sun Aug 29/10**, 10am and 2pm

Downtown Kitchener

For more information or to register, visit [www.grwt.ca](http://www.grwt.ca) or call 1-800-251-9902.

## **From Farmhouse to Table**

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Each week a local farmer will show you how to prepare dishes featuring a local in-season ingredient that they grow. Participants will receive their very own recipe sheet to take home!

*\*FREE Admission for the month of August! Drop-ins Welcome!*

**Sat Aug 21/10**, 10:30am-11:15am

With Chef Ryan Murphy

**Sat Aug 28/10**, 10:30am-11:15am

With Chef Kirstie Herbstreit

Kitchener Market Place

Visit [www.kitchenermarket.ca](http://www.kitchenermarket.ca) for details.

## **International Cuisine**

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Add some interest to your food and learn how to prepare internationally-themed meals!

*\*Cost per person: \$35 (incl. tax)*

Visit <http://eclass.kitchener.ca> or call 519-741-2297 to register.

**Wed Aug 25/10**, 6:30pm-8:30pm

Italian Pasta with Chef Ryan Murphy

Kitchener Market Place

Visit [www.kitchenermarket.ca](http://www.kitchenermarket.ca) for details.

## **Cooking for Babies**

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Join Tania Heinemann, RHN, RCNP as she guides you through this hands-on class where you will learn the steps to

preparing your own home-made baby food. You will take home what you make, and in addition you will receive a Kitchener Market bag, and some recipes to try at home!  
*\*Cost: \$40 per person (incl. tax)*  
Call 519-741-2297 or visit <http://eclass.kitchener.ca> to register.

**Tues Aug 31/10**, 12:15pm-1:45pm  
Kitchener Market Place  
Visit [www.kitchenermarket.ca](http://www.kitchenermarket.ca) for details.

## Victoria Park Gallery

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The Victoria Park Gallery is open for the 2010 season! Located at the Schneider Ave. entrance to the park, the gallery offers **FREE** admission and a variety of displays. Exhibits currently on display include:

- Celebrating 100 years of hydro-electric power in Berlin/Kitchener: October 1910 - 2010
- Kitchener's long lost legendary buildings
- The Kaiser's bust
- Kitchener's controversial 1916 name change

Learn about the park's original multi-turretted pavilion, view old maps of the area, and gaze upon works of art and photos on display. It's history in the park!

### **The Gallery is open weekend afternoons, now until the end of October**

For more information please call 519-742-4990 or email [rychmills@golden.net](mailto:rychmills@golden.net).

Thank you for reading Downtown E-news. If you have an event you would like to submit to our newsletter please go to our event submission page and fill out the form.

Don't forget to check [www.downtownkitchener.ca](http://www.downtownkitchener.ca) for more information about downtown. If you have any questions, please contact us at [downtownevents@kitchener.ca](mailto:downtownevents@kitchener.ca).

**Sincerely**

Kitchener Visitor Information  
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