

September 1, 2010

Downtown E-News

E-News is a bi-weekly newsletter full of great events taking place in downtown Kitchener. E-news will keep you in the loop on where to go and what to do in downtown Kitchener. It comes right to your inbox every 2 weeks!

If you have an event you would like to submit, please go to our [event submission page](#) and fill out the form.

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Live Entertainment

Downtown Live



Find us, and yourself, downtown Kitchener this summer as the City and its partners present Downtown Live! Downtown Live is an assortment of musical and cultural street-level performances and activities, which will be happening on Kitchener's new King Street throughout the summer. Crowds will gather, music will play and the new King Street

streetscape will come alive every Wednesday, Thursday and Friday, over lunch and after 5 p.m., with free street-level entertainment and activities, offering fun for all ages!

Thurs Sept 2/10

11:30am-1:30pm, Civic Square, Kitchener City Hall
Andy Klaehn - Jazz saxophone & clarinet

4:30pm-6:30pm, The Museum
Peter Lippert - Singer-songwriter plays originals & covers

Fri Sept 3/10

11:30am-1:30pm, Civic Square, Kitchener City Hall
Ed Koenig & friends - Celtic & folk traditionals

4:30pm-6:30pm, The Museum
Phoenix Quartet - Classic jazz with keyboards, bass, drums & sax

Thurs Sept 9/10

11:30pm-1:30pm, Civic Square, Kitchener City Hall
Tim Louis Trio - Jazz piano and original songs

4:30pm-6:30pm, The Museum
Arun Pal Duo - Latin Fusion strings & percussion

Fri Sept 10/10

11:30am-1:30pm, The Museum
Andriy Tykhonov Duo - The Great American Songbook piano jazz

4:30pm-6:30pm, The Museum
Loretta Fullerton & Sandy MacDonald - Trad jazz & folk music

Visit www.downtownlive.ca for complete details.

Kitchener Market

Wed Sept 1/10, 11:30am - Schwebbs

Fri Sept 3/10, 11:30am - Tim Lewis

Sat Sept 4/10, 11am - Traces Steel Band

Wed Sept 8/10, 11:30am - Schwebbs

Fri Sept 10/10, 11:30am - Jesse Webber Jazz Duo

Sat Sept 11/10, 11am - Traces Steel Band

Visit www.kitchenermarket.ca for details.

Boa Nova Rodizio Grill House

Wed Sept 1/10, 7pm - Tim Louis

Sun Sept 4/10, 7pm - Tim Louis

Wed Sept 8/10, 7pm - Tim Louis

Sun Sept 11/10, 7pm - Tim Louis

Visit www.experience-boanova.com for details.

Bobby O' Brien's

Wed Sept 1/10, 8:30pm - Live Blues Jam

Wed Sept 8/10, 8:30pm - Live Blues Jam

Visit www.bobbyobriens.com for details.

Victoria Park Boathouse

Wed Sept 1/10, 9pm - Welly Wednesdays: Colin Rink

Thurs Sept 2/10, 9pm - King Roller

Fri Sept 3/10, 9pm - Jimi Maze

Sat Sept 4/10, 3pm - The F-Holes

Sun Sept 5/10, 3pm - Miss Angel & the Home Wreckers

Sun Sept 5/10, 8pm - Sean Pinchin

Sun Sept 5/10, 9pm - Paul MacLeod

Tues Sept 7/10, 8pm - Paddy Townsend "Stars Here" Open Stage

Wed Sept 8/10, 9pm - Welly Wednesdays: Ginger St. James & the Grinders

Thurs Sept 9/10, 9pm - King Roller

Fri Sept 10/10, 9pm - I.R.I.S presents

Sat Sept 11/10, 3pm - Hot Kitty & the Hell Strings

Sat Sept 11/10, 9pm - Gavin Knight

Visit www.boathousevictoriapark.com for details.

Elements Nightclub

Fri Sept 10/10, 7pm - Against Me! w/ The Flatliners & Young Livers

Visit www.partytown.net/elements/ for details.

Yuk Yuk's Kitchener

Fri Sept 10 & Sat Sept 11/10, 8pm - Darren Frost

Visit www.yukyus.com for details.

Special Events

'The Cube' Student Video Premiere

With the installation of two state of the art Christie digital projectors in 2009, Kitchener City Hall's Berlin Tower became a gigantic video screen! We ran a student video contest, and

now you can see the winning videos at the Student Video Premier.

Come on out and join us as we showcase the winning videos, and also those of the finalists!

Tues Sept 7/10, 7:30pm-8:30pm

The Silver Spoon Fine Chocolates (217 King St. W.)

For more information please call 519-741-3400 ext. 3381

Mela Festival

Celebrate South Asian culture at the 7th annual Mela Festival! This event features art, music, dance, wares, and culinary delights. This year's festival will offer both professional and local artists, and will provide a day full of fun and enjoyment for the whole family!

Sat Sept 11/10, 11am-6pm

Kitchener City Hall

Visit www.icawaterloo.com for details.

KOI Music Festival

KOI (Kitchener Ontario Independent) Music Festival is a massive music festival that focuses on our community. Roughly 140 bands will be performing throughout Downtown Kitchener, in 10 different indoor venues and one outdoor stage. A variety of musical styles will be heard including rock, punk, indie, metal, ska, reggae, pop, acoustic and blues, and since KOI is a community oriented festival, nearly half of the performers will be local artists!

Check out the website for updates, and find out how to get your tickets!

Sat Sept 18/10

Downtown Kitchener

Visit www.koimusicfestival.com for complete details.

Arts, Books & Film

ApeSuit-Conversations: An Interactive Art Installation

During the first week of September, you will see small white shields placed all around Victoria Park. Each shield will have short instructions written on it, and every visitor is welcome to perform his/her version of these instructions. The message which the artists wish to convey is the creation of consciousness, and an easy way for everyone to deal with their feelings, and art itself. Everyone is invited to document

their efforts via video, and send the video to the artists, who will then post the videos on their website, and present them around the world.

Ongoing until Sun Sept 5/10

Victoria Park, Downtown Kitchener

For more information visit

www.myspace.com/apesuit-conversations

'Tunneling Heart' by: Warren Hoyano

Drawing on an ancient form of art media, Brampton artist Warren Hoyano introduces the world of abstract watercolour, in his exhibit 'Tunneling Heart'. Hoyano's works rely heavily on texture, and leave the meaning and content up to the viewer to interpret.

Ongoing for the month of September

Rotunda Gallery, Kitchener City Hall

For more information call 519-741-3400 ext. 3381

Family & Kids

Kids' Hop!

Bring your toddler or preschooler out to these children's concerts that will have them dancing up a storm and rolling with laughter!

Thurs Sept 2/10, 11am

Robert Davis

Tues Sept 7/10, 11am

Erick Traplin

Thurs Sept 9/10, 11am

Music with Brian

Tues Sept 14/10, 11am

Dan the Music Man

The Kitchener Market

Visit www.kitchenermarket.ca for details.

Kids in the Kitchen

Children ages 5-10 years, will be introduced to the wonders of learning how to cook, while having fun and meeting new friends. Every participant gets to make and eat their own meal!

**Cost per child: \$10 (incl. tax), Drop-ins welcome!*

Sat Sept 4/10, 9am

With Chef Ryan Murphy

Sat Sept 11/10, 9am

With Chef Sam Russo

Kitchener Market Place

Visit www.kitchenermarket.ca for details.

Kids' Club

Kids, come on out for **FREE** crafts, interactive activities and demonstrations! All ages welcome, no registration required.

Sat Sept 4 & 11/10, 9am-11am

Kitchener Market

Visit www.kitchenermarket.ca for details.

L' il Whip's

Is your 6-9 year old interested in boxing? Let us teach them the Fundamentals! Taught by World Champion Fitz 'The Whip' Vanderpool, this class offers a half hour of energy and fun!

Starting on Mon Sept 6/10, 4:30pm -5pm

The WHIP Boxing and Fitness (121 Charles St. W.)

Call Fitz at 519-577-7910 for details.

Jr. Whip's

The Jr. Whip's program has been set up for kids 9-12 years of age to develop boxing skills to get your child ready for the next level. Fundamentals and new skills will be taught by World Champion Fitz 'The Whip' Vanderpool!

Classes start on Mon Sept 6/10, 5pm-5:45pm

The WHIP Boxing and Fitness (121 Charles St. W.)

Call Fitz at 519-577-7910 for details.

Community

Healthy Digestion for Infants, Children and the Whole Family

Join Tania Heinemann, RHN, RNCP as she explains the proper workings of a healthy digestive tract, and how you can keep yours and your family's in top shape.

Call 519-741-2297 to register, or register online at

<http://eclass.kitchener.ca>.

**Cost: \$35 (incl. tax) per person*

Wed Sept 1/10, 7pm-9pm

Kitchener Market Place

Visit www.kitchenermarket.ca for details.

From Farmhouse to Table

Each week a local farmer will show you how to prepare dishes featuring a local in-season ingredient that they grow. Participants will receive their very own recipe sheet to take home!

**Cost: \$10 per person/per class, Drop-Ins Welcome!*

Sat Sept 4/10

With Chef Ryan Murphy and M&R Orchards

Sat Sept 11/10

With Chef Sam Russo and Fleetwood Farms

Kitchener Market Place

Visit www.kitchenermarket.ca for details.

Try Synchro for FREE!

Join the K-W Synchronized Swim Club as they host 3 free sessions, where you can learn the basics of synchronized swimming!

Tues Sept 7/10, 6pm-7pm

Wed Sept 8/10, 6pm-7pm

Fri Sept 9/10, 6:30pm-7:30pm

Cameron Heights Swimming Pool

Call 519-620-3846 for details.

Cook Local, Cook Fresh

A continuing series based on the Foodlink Waterloo Region (Buy Local, Buy Fresh) newsletter. Each cooking class features a local chef preparing three items which focus on featured ingredients from this year and years past.

Call 519-741-2297 to register, or register online at

<http://eclass.kitchener.ca>

**Cost: \$35 (incl. tax) per person/per class*

Tues Sept 7/10, 6:30pm-8:30pm

With Chef Kirstie Herbstreit

- Crustini, Cheese and Browned Butter Apple Chutney
- Chicken Ballontine with Apple and Sausage Stuffing and Apple Pan Sauce
- Apple Tart Tatin

Kitchener Market Place

Visit www.kitchenermarket.ca for details.

Music Alive Registration and Open Rehearsals

Love singing? Want to join? We are currently preparing for our annual Christmas concert. New members are welcome! No pressure, give us a try before you commit. Returning members, we'll see you at registration!

Tues Sept 7 & 14/10, 7pm

Suddaby Public School

Call 519-662-3291 or visit www.kunzmusic.ca for details.

Cooking Basics

NEW Do you love watching cooking shows, but just don't know where to start? Join Chef Kirstie Herbstreit in this hands-on series that teaches you the foundations of cooking. Call 519-741-2297 to register, or register online at

<http://eclass.kitchener.ca>

**Cost per person/per class: \$35 (incl. tax)*

Sept 8, Oct 6, Nov 10, Dec 8/10

6:30pm-8:30pm

Kitchener Market Place

Visit www.kitchenermarket.ca for details.

Community Barbecue

Come on out for a tasty barbecue with hamburgers, hotdogs and salads!

Adult: \$5, Child/Senior: \$2, Family: \$10

Sun Sept 12/10, 12noon

Church of the Good Shepherd (116 Queen St. N.)

Call 519-743-3845 for details.

Toddler Food and Snacks

Join Tania Heinemann, RHN, RNCP as she shows you how to prepare healthy food and snacks for your picky toddler.

Participants get to prepare their own meal and snack!

Call 519-741-2297 to register, or register online at

<http://eclass.kitchener.ca>

**Cost: \$40 per person (incl. tax)*

Tues Sept 14/10, 12:15pm-1:45pm

Kitchener Market Place

Visit www.kitchenermarket.ca for details.

Cooking 101

This *NEW* class is designed for those taking their first steps in the kitchen. Classes will include: Knife skills, basic sauces, cooking techniques, and cooking staples. All classes are

taught by Chef Damien of Langdon Hall.
Call 519-741-2297 to register, or register online at
<http://eclass.kitchener.ca>

Dates

Series 1: Sept 14, Sept 28, Oct 12, Oct 26
Series 2: Sept 14, Sept 28, Oct 12, Oct 26
Series 3: Nov 16, Nov 30, Dec 14

Time

Series 1 and Series 3: 6:15pm-7:15pm
Series 2: 7:30pm-8:30pm

Cost

\$100 per series (incl. tax)
**Note: Series 3 cost is \$75 incl. tax*

Kitchener Market Place
Visit www.kitchenermarket.ca for details.

Downtown Kitchener Walking Tours

This two-hour urban walking tour introduces you to downtown Kitchener's modern culture and controversial history. Stroll along historic Queen Street, visit serene Victoria Park, and see the sights on King Street. Find out about the best places to grab a bite, where to spend a lively Saturday night, or where to lounge on a lazy Sunday afternoon.

**Tours run on Saturdays and Sundays from May to the end of October.*

Sat Sept 4 & Sun Sept 5/10, 10am and 2pm
Sat Sept 11 & Sun Sept 12/10, 10am and 2pm
Downtown Kitchener

For more information or to register, visit www.grwt.ca or call 1-800-251-9902.

Victoria Park Gallery

The Victoria Park Gallery is open for the 2010 season! Located at the Schneider Ave. entrance to the park, the gallery offers **FREE** admission and a variety of displays. Exhibits currently on display include:

- Celebrating 100 years of hydro-electric power in Berlin/Kitchener: October 1910 - 2010
- Kitchener's long lost legendary buildings
- The Kaiser's bust
- Kitchener's controversial 1916 name change

Learn about the park's original multi-turretted pavilion, view

old maps of the area, and gaze upon works of art and photos on display. It's history in the park!

The Gallery is open weekend afternoons, now until the end of October

For more information please call 519-742-4990 or email rychmills@golden.net.

Thank you for reading Downtown E-news. If you have an event you would like to submit to our newsletter please go to our event submission page and fill out the form.

Don't forget to check www.downtownkitchener.ca for more information about downtown. If you have any questions, please contact us at downtownevents@kitchener.ca.

Sincerely

Kitchener Visitor Information
City of Kitchener
519-745-3536 or 1-800-265-6959

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